



Belvedere Spring School

A UNIT OF KIDZ WORLD



PHYSICAL EDUCATION:

Physical Education is a core area of development for a child. All study and no play makes Jack a Dull boy, too. Only when the body develops mentally that the brain becomes capable of absorbing the information provided. Various physical education activities start from Play Group onwards depending upon the need of the age group. Kick Boxing, Karate, Drill etc are part of the curriculum.